

## Bile acid absorption examination

The purpose of this examination is to investigate the reasons for long-term diarrhea and bile acid malabsorption.

This examination consists of 2 visits to the Nuclear Medicine Unit with a week in between the visits. Please reserve approximately 3 hours for the first visit and approximately 30 minutes for the second visit.

If you are pregnant or suspect that you are pregnant, call the number listed in the arrival instructions. This examination is generally not carried out during pregnancy.

### Before the examination

You may eat and drink as usual.

For 2 days before the examination, do not take medicines that affect food absorption, such as:

- Guarem
- Antepsin
- Alsucral
- Succosa
- Questran
- Lestid
- Imodium

The break in medications will continue throughout the examination, for 9 days in total.

### During the examination

You will need to swallow a capsule with water. The capsule contains a radioactive tracer.

The first scan will be taken 3 hours, and the second 7 days from administering the tracer.

Both scans take approximately 10 minutes. You will be lying down during the scans, which are painless.

### After the examination

Drink plenty of water and empty your bladder more frequently than you normally would. This is to make sure that the radioactive tracer leaves your body.

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

If you breastfeed, you must stop breastfeeding for 24 hours after the radioactive tracer is administered. The milk expressed during this period must be poured down the drain.

### Other things to note

Please take your Kela-card or identification with you.

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

