

## Bile reflux scintigraphy

The purpose of this examination is to identify causes of upper abdominal symptoms, post-surgery conditions, and gastroduodenal reflux.

Please reserve approximately 2 to 3 hours for your visit.

If you are pregnant or suspect that you are pregnant, call the number listed in the arrival instructions. This examination is generally not carried out during pregnancy.

### Before the examination

Do not eat or drink at all for 12 hours before the examination.

For 2 days before the scan, do not take medications that affect the function of the stomach or the esophagus.

### During the examination

An intravenous catheter will be placed into your arm, and a small amount of radioactive contrast agent will be given via the catheter.

A scintigraphy scan will begin immediately after administering the tracer. The scan will take approximately an hour.

You will be asked to lie on your back for the scan. Scanning is painless.

### After the examination

Drink plenty of water and empty your bladder more frequently than you normally would. This is to make sure that the radioactive tracer leaves your body.

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

If you breastfeed, you must stop breastfeeding for 4 hours after the radioactive tracer is administered. The milk expressed during this period must be poured down the drain.

### Other things to note

Please take your health insurance card (Kela card) or identity card with you.

Your attending physician will inform you of the test results. Please contact the unit responsible for your care if you do not already have a scheduled appointment or a phone consultation with your doctor.

You will not be charged for the examination separately. Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.