

Bone scintigraphy

This examination is used to assess pain in the bones, fractures, bone and joint infections, possible metastases in the bones and their extent, for example.

The examination will take approximately 3 to 4 hours.

This exam is generally not carried out on pregnant women. Please inform us before the exam if there is any possibility that you are pregnant.

Before the examination

Eat, drink, and take your medication as usual on the day of the examination.

Once the contrast agent is administered, you need to drink more fluids than usual. You should empty your bladder before the examination.

Examination

An intravenous catheter will be placed into your arm and a small amount of a radioactive contrast agent will be administered via the catheter. If you are suspected to have an infection in the bones or joints, first images may be taken already while the contrast agent is being administered. The contrast agent accumulates in the bones very slowly, which is why the scintigraphy will begin 2.5–3 hours from the injection. You can leave the hospital during this time if you wish.

You will be lying down during the imaging, and it will last for 25 to 60 minutes.

Scanning is painless.

After the examination

Drink extra fluids and empty your bladder frequently after the exam.

If you breastfeed, you must stop breastfeeding for 4 hours after the radioactive tracer is administered. The milk expressed during this period must be poured down the drain.

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

Other things to note

Please take your Kela-card or identification with you.

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



Patient Instruction
HUS Diagnostic Center
Nuclear Medicine

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www.tutkimukseen.fi

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Examination: 7020 Luuston gammakuvaus (NK6AN); 7021 Luuston SPET-gammakuvaus (NK6SN); 7030 Luuston dynaaminen/useampivaiheinen gammakuvaus (NK6BN); NK6AQ Luuston SPET ja matala-annos TT (lisäkuvaus); P^t-LuuSp2Q Luuston laaja SPET ja matala-annos TT (NK6BQ)

Tunniste: 3752