

Esophageal transit scintigraphy

This examination is used to detect various esophageal disorders and to follow-up on esophageal procedures.

The examination usually takes about 1 hour.

If you are pregnant or suspect that you are pregnant, call the number listed in the arrival instructions. This examination is generally not carried out during pregnancy.

Before the examination

Do not eat or drink at all for 5 hours before the examination.

Take your medication as usual.

During the examination

You will be instructed to sit or stand towards a gamma camera. You will swallow a small amount of liquid radioactive tracer, and its passage via the esophagus to the stomach is scanned with the gamma camera. The scan takes approximately 30 minutes. The examination is painless.

After the examination

Drink plenty of water and empty your bladder more frequently than you normally would. This is to make sure that the radioactive tracer leaves your body.

If you breastfeed, you must stop breastfeeding for 4 hours after the radioactive tracer is administered. The milk expressed during this period must be poured down the drain.

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

Other things to note

Please take your Kela-card or identification with you.

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



Patient Instruction
Diagnostic Center
Nuclear Medicine

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