

Gastric emptying scintigraphy

The purpose of the examination is to examine disorders affecting the stomach's ability to empty.

Please reserve approximately 4.5 hours for your visit.

If you are pregnant or suspect that you are pregnant, call the number listed in the arrival instructions. This examination is generally not carried out during pregnancy.

Preparation for examination

Do not eat or drink at all for 6 hours before the examination.

Do not smoke in the morning before the examination.

For 2 days before the examination, do not take the following medicines:

- metoclopramide (Primperan)
- erythromycin
- domperidone (Motilium)
- opioids (Oxycontin, codeine)
- anticholinergic medication (Robinul)

Take your other medication as usual.

Examination

Right before the examination, you will be given an omelette with toast to eat. It contains a small amount of a radioactive tracer. If you follow a special diet, please inform the examination place as soon as possible. The scintigraphy scan will begin

immediately after you have eaten the meal, and the scan will take about a minute. More scans will be taken after 1, 2 and 4 hours.

You will be standing up or sitting down during the scans. It is completely painless.

You are not allowed to eat, drink or smoke during the examination.

After the examination

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

If you breastfeed, you must stop breastfeeding for 12 hours after the radioactive tracer is administered. The milk expressed during this period must be poured down the drain.

Other things to note

Please take your health insurance card (Kela card) or identity card with you.

Your attending physician will inform you of the test results. Please contact the unit responsible for your care if you do not already have a scheduled appointment or a phone consultation with your doctor.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

