

## Scintigraphy of Cardiac TTR Amyloidosis

This examination is used to determine the amount and type of possible myocardial amyloid accumulation in order to rule out or classify a cardiac disease.

Please reserve approximately 4 hours for your visit.

This examination is usually not performed during pregnancy. If you suspect that you are pregnant, please inform the staff before arriving.

### Preparation for examination

Eat, drink, and take your medication as usual on the day of the examination.

### Examination

An intravenous catheter will be placed into your arm and a small amount of a radioactive contrast agent will be administered via the catheter. The contrast agent accumulates in the heart very slowly, which is why the actual scintigraphy will begin 2.5–4 hours from the injection. You can leave the hospital during this time if you wish.

The scintigraphy will take 0.5 to 1 hours.

Scanning is painless.

### After the examination

Drink extra fluids and empty your bladder frequently after the exam.

Breast-feeding mothers should pump and discard milk for 4 hours after the scan.

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

### Other things to note

Please take your health insurance card (Kela card) or identity card with you.

You will get the results from your attending physician. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

If you can't come to the examination, please inform us as soon as possible. A separate fee will be charged for missed examinations which have not been cancelled beforehand.

