

## Scintigraphy of the lymphatic system

The purpose of this examination is to study any disorders in the lymphatic system and the flow of lymph.

Please reserve approximately 1 to 6 hours for your visit.

If you are pregnant or suspect that you are pregnant, call the number listed in the arrival instructions. This examination is generally not carried out during pregnancy.

### Before the examination

You can eat, drink and take your medication as usual.

### During the examination

A small amount of a radioactive tracer will be injected under your skin between the big toe and the second toe and/or between the thumb and the index finger. The tracer will flow along the lymphatic vessels to the lymph nodes.

The first scan will begin immediately after injecting the contrast agent. The scan will continue for an hour or until the lymph nodes become visible in the scans.

Additional scans may be taken 2, 4 and 6 hours from administering the tracer. You will need to walk between these scans.

You will be asked to lie on your back for the scans. Scanning is painless.

### After the examination

After receiving the radioactive contrast agent, do not hold a child or remain in prolonged close contact with children for the remainder of the day.

If you breastfeed, you must stop breastfeeding for 4 hours after the radioactive tracer is administered. The milk expressed during this period must be poured down the drain.

### Other things to note

Please take your health insurance card (Kela card) or identity card with you.

Your attending physician will inform you of the test results. Please contact the unit responsible for your care if you do not already have a scheduled appointment or a phone consultation with your doctor.

You will not be charged for the examination separately. Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



**Patient Instruction**  
Diagnostic Center  
Nuclear Medicine

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