

Radioactive phosphorus therapy

Radioactive phosphorus is used to treat blood disorders that cause exceptionally high blood cell count.

Please reserve approximately 15 minutes for your visit.

Before the treatment

You can eat, drink and take your medicines as usual.

Drink fluids (e.g. water or juice) at least 2 liters per day for 2 days before treatment. Treatment strains the kidneys and may cause gout if you have a tendency to gout. Drinking enough reduces the side effects.

If you have a kidney disease, discuss with your attending physician if you need to start taking Apurin® during the treatment to protect your kidneys.

During the treatment

An intravenous cannula will be placed into your arm and a small amount of radioactive phosphorus will be administered via the cannula.

The phosphorus will collect into the bone marrow where it reduces the production of red blood cells and platelets. The effect of the treatment can often only be assessed after 2 to 3 months.

After the treatment

The radiation from the radioactive phosphorus does not extend outside your body, so you do not pose a danger to other people.

In the days after treatment, it is important to drink at least 2 liters of fluids (e.g. water or juice) a day.

Other things to note

Please take your health insurance card (Kela card) or identity card with you.

You will not be charged for the treatment separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

