

## Measurement of esophageal and cardia pressure

The purpose of the examination is to assess esophageal disorders.

The actual examination takes approximately one hour.

### Before examination

Before the study, you must be:

- **4 hours** without eating and drinking (a glass of water is allowed)
- **12 hours** without tranquilisers
- **48 hours** without strong pain killers (medicines marked with a triangle)
- **36 hours** without alcohol

If you have diabetes and your attending physician has given you different instructions, follow those instructions.

### Medication

Do not take these medications:

Hold the following for **12 hours**: Kirjoita tekstiä napsauttamalla tätä.

Hold the following for Kirjoita tekstiä napsauttamalla tätä. **days**: Kirjoita tekstiä napsauttamalla tätä.

Or:

You may take your medication as usual

Bring your prescriptions or a list of your medications with you to the test.

### Examination

No premedication will be given for the examination (diazepam products or similar) and the examination cannot be performed under anesthesia.

A small amount of gel will be spread in your nostril. A thin and pliable catheter will be inserted into your stomach through the nostril.

The examination will be performed in stages. In some stages, you will be asked not to swallow for a while. You will occasionally be given a small amount of water or mild saline with a syringe and you will need to swallow it. The examination is painless, but it may feel unpleasant. You may have some irritation in the mucous membranes following the examination.

### Other things to note

Please take your health insurance card (Kela card) or identity card with you.

Your attending physician will inform you of the test results. Please contact the unit responsible for your care if you do not already have a scheduled appointment or a phone consultation with your doctor.

If you can't come to the examination, please inform us as soon as possible.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come.

If you do not cancel, you will be charged a fine.