

## Capsule endoscopy of the small intestine

This examination uses a capsule camera to record images inside the small intestine.

Please reserve approximately 30 minutes to 2 hours for your visit.

### Before the examination

- **One week before the examination:** Stop taking iron supplements.
- **On the day before the examination:** From noon onwards you may only eat broths (such as clear soup, meat broths, juice, coffee, tea, water).
- **Do not eat or drink at all after 10 p.m. until the beginning of the examination.** If necessary, you may drink a little water.
- **In the morning of the examination day:** You may take your morning medication with water two hours before the examination. You are not allowed to drink anything else!

Wear loose-fitting clothes and bring a T-shirt with you.

If the patient is not able to manage on their own, they should have a companion.

### During the examination

A wide belt is put around your abdomen. It transmits the pictures taken by the capsule camera into a portable registration device.

Then, you will swallow a capsule (size 11 x 27 mm) with water.

The examination takes between 30 minutes and 2 hours at the ward, during which the location of the capsule is checked about every 30 minutes.

### After the examination

You may go home with the registration device once it has been made sure that the capsule is in the small intestine. After this, you may drink clear liquids such as water or juice. Four hours after swallowing the capsule, you may have a light lunch and after that you may eat as usual.

You can stop the examination once the blue light on the device stops blinking, or when you go to sleep at the latest.

Return the device to the examination unit the next morning as agreed. The capsule is single-use, and it will leave your body with feces.

If you experience abnormal gastrointestinal symptoms during or after the capsule endoscopy, please call the Gastroenterology Outpatient Clinic on weekdays, tel. 05 352 6000 / call-back request or outside office hours the emergency department tel. 116 117.

## **Other things to note**

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.