

Blink (blink reflex) and how to prepare for the examination

The blink reflex test is used to examine the function of the nerves of the face and the brainstem.

The examination takes about 30 minutes.

Preparation for the examination

In this examination, your face must be clean. Do not wear any make-up or apply lotion.

You can take your medication as usual before the examination. You can also eat and drink normally.

During the examination

During the examination, you will lie on a bed.

Sensory nerves on the face are stimulated with electrical impulses applied below the eyebrow. This causes the eyelid to blink. If needed, the electrical impulses can be applied to lower parts of the face as well. Electrodes will be attached to your face to register the blink reflex.

Generally, this examination does not cause any after-effects. Some patients with chronic pain may experience transient increase in their pain intensity for about one day, however, this occurs only rarely.

After the examination

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



Patient Instruction

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