

Jitter examination and how to prepare for it

Jitter examination is a special EMG (electromyography) study, which is used to examine the electronic activity of a single muscle fiber with a thin needle electrode.

The examination usually takes 60 to 90 minutes.

Before the examination

If you use Mestinon medication, please ask your attending doctor if you need to stop taking Mestinon before this examination.

You can eat and drink normally.

During the examination

During the examination, you will lie on a bed. A doctor will use a thin needle electrode to measure the electronic activity of a single muscle fiber.

Generally, this examination does not cause any after-effects but passing hematoma in the puncture site, local pain, minor tissue damage, and -very rarely- an infection are possible. Some patients with chronic pain may experience transient increase in their pain intensity for about one day, however, this occurs only rarely.

After the examination

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



Patient Instruction

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HUS Medical Imaging Center

Clinical Neurophysiology

www.tutkimukseen.fi

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