

Sfinkter ENMG examination and preparations

Sphincter ENMG

(electroneuromyography) studies the function of the muscles and the nerves in the rectum. This examination is used to study disorders in the anal sphincter muscles, for example.

Before the examination

You can eat and drink normally and take your medication as usual.

Please wash yourself carefully beforehand and when you arrive, wear clothes that are easy to take off.

During the examination

During the examination, you will be lying on your side on a bed. This examination measures nerve function in the rectum by applying small electrical impulses. Electrical activity in the muscles is measured with a thin needle electrode.

The examination takes about 30 minutes. Generally, this examination does not cause any after-effects but passing hematoma in the puncture site, local pain, minor tissue damage, and -very rarely- an infection are possible. Some patients with chronic pain may experience transient increase in their pain intensity for about one day, however, this occurs only rarely.

After the examination

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



Patient Instruction

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Clinical Neurophysiology

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