

Parasite stool sample

Your nearest HUSLAB unit will provide you with sampling equipment.

Kidney tray or a similar container (such as a disposable plate) 1–3 sample containers containing formalin (toxic - see operating instructions) Sealable plastic bags and name labels for the samples.

Collecting the stool sample

- 1) Collect each sample on different days or at least on different defecation times.
- 2) Collect the stool sample on a kidney dish or equivalent container, e.g., a disposable plate.
- 3) Using the spoon in the sample jar lid, take a finger-tip-size dab of the stool; pick as bloody, slimy, or otherwise atypical parts of the sample as possible.
- 4) Mix the stool into a smooth gruel-like mixture with the formalin in the jar. The mixing phase is important, so that you will get reliable results. If the stool is watery, collect an amount corresponding to approximately one third of the formalin volume. Close the lid tightly.
- 5) Attach a label on the sample container indicating your name, social security number and sample collection date.
- 6) Seal the container carefully in a plastic bag. Store the sample in room temperature.
- 7) Take all the samples to the laboratory as soon as possible after collecting the last sample (within about a week).

Additional information

If you have any questions, please call customer service +358 9 471 86800 Mon–Fri, from 7.30 am to 3.30 pm. Please note that test results are not given over the telephone.

Operating instructions if formalin enters

The skin: - Remove contaminated clothing - Wash the skin with plenty of water and mild detergent for 10–15 minutes

The eyes: - Rinse thoroughly for 20–30 minutes. - If symptoms of inflammation such as severe pain or visual disorders occur, contact a doctor

The mouth: - Do not try to vomit. - Rinse your mouth - Drink water (about one glass) - If necessary, contact the Poison information Centre on +358 9 471 977 or +358 9 4711



Patient instruction 24.5.2022