

24-HOUR URINE COLLECTION FOR URATE MEASUREMENT

For the success of the test, it is important that you eat and drink normally unless otherwise instructed. All urine passed during 24 hours must be collected.

Your nearest HUSLAB office will provide you with collection equipment

A collection container, 1–2 pcs
A preservation agent (5% sodium hydroxide), 2 x 5 ml per collection container

Collection

Empty your bladder into the toilet at the beginning of the collection period (e.g. at 7:15). **THIS URINE IS NOT COLLECTED**, but write the time down:

Date _____ Time _____ **THE COLLECTION BEGINS FROM THIS TIME.**

- 1) Collect all urine passed during the next 24 hours into the collection container. You must take care not to lose any urine in connection while defecating. No excrement or paper must enter the collection container.
- 2) After collecting the first batch of urine, add preservation agent (2 x 5 ml) into the collection container.
- 3) If you continue collecting into the second collecting container, add preservation agent (2 x 5 ml) into this collection container.
- 4) Store the collection container(s) at room temperature until you return them to the laboratory. The sample must not freeze.
- 5) Empty your bladder into the collection container for the last time exactly 24 hours after beginning the collection. Write the time down:

Date _____ Time _____

After collection

Affix to each collection container a label marked with your name, personal identity code and the start and end times of the collection. The laboratory cannot examine samples with inadequate markings. Please return your urine sample to the laboratory as soon as possible. If you couldn't follow the the instructions, please tell the person who accepts your sample

If you have any questions, please call the HUSLAB service number.
Tel. +359 (0)9 471 86800; Mon–Fri 7:30–15.30.

Unfortunately, laboratory test results will not be given by telephone.

NB:

Sodium hydroxide is poisonous and corrosive. Be careful not to splash any in your eyes or on your skin or clothing. Keep out of reach of children. See action in case of accident.