

Preparing for a hydroxyindoleacetic acid (5-) blood test (S-5HIAA)

Please prepare correctly

At least one day (that is, 24 hours) before the test, YOU MAY NOT EAT avocado, banana, plum, kiwi, pineapple, grapefruit, melon, date, aubergine/eggplant, tomato, tomato products, blue cheese, Camembert-type cheese or similar cheese or nuts.

Follow your physician's instructions on taking your medication

Always discuss with your attending physician if you think there is a need to stop your medication before the sample collection.

Instructions for a physician/nurse: _____

By following these instructions you can ensure that your test results will be as reliable as possible. If you have not followed these instructions, please inform the person taking your sample about it.

Additional information

If you have any questions, please call the customer service on 09 471 86800 on weekdays between 7.30 am and 3.30 pm.

Please note that test results are not given over the telephone.