

Preparing for fungal nail infection sample collection

By following these instructions you can ensure that your test results will be as reliable as possible. If you have not followed these instructions, please inform the person taking your sample about it.

Discontinue antifungal medications prior to sample collection

Antifungal medications must be discontinued prior to sample collection. Discontinue orally administered antifungal medications 6 months before the scheduled sampling date. Discontinue using antifungal nail paint 3 months prior to the sampling date. If you have been administering any topical remedies (e.g. antifungal lotion), discontinue using them 6 weeks prior to your appointment.

Make an appointment

Schedule an appointment either at www.huslab.fi/ajanvaraus or by phone +358 9 471 86800.

Getting ready

Do not clip your nails before sampling. Remove any nail polish. On the day of your appointment, carefully wash the foot or hand where a nail is suspected of infection. Wear a clean sock.

Additional information

If you have any questions regarding sample collection, please call the customer service: +358 9 471 86800, Mon–Fri 7.30 a.m. – 3.30 p.m.
Please note that test results are not given over the telephone.

Results from fungal cultures are available after 4 to 6 weeks. Your treating physician will inform you of the result.