

Sputum sample for bacterial culture

Sampling kit

The staff at the health center / hospital will provide you with a sputum sample container, a closable plastic bag and a name label.

Sample collection

Collect the sample in the morning before breakfast.

Rinse your mouth with water and spit the water out. Bend forward and cough deeply so that you get at least a tablespoon of thick sputum directly into the container.

NOTE! No running, bubbly saliva.

Close the lid tightly by twisting it.

To identify your sample, it is important that you apply a label with your name, personal identity code, and collection time on the container. Place the container in the plastic bag and close it.

Bring the sample to a laboratory as soon as possible, preferably within 2 hours from collecting it. If this is not possible, you can store the sample in a fridge. Do not let the collected sample freeze. You must bring the sample to the laboratory within 24 hours from collecting it. Getting the sample to the laboratory quickly is important because the sample keeps very poorly.

Contact information

If you have any questions, please call the customer service number tel. 09 471 86800 Mon–Fri 7:30 a.m.–3:30 p.m. The service number cannot provide laboratory results.